

# SEPTEMBER 2022

| SALAD AND FRUIT BARS OFFERED AT ALL SITES BUT BROWN  |  |  |  | MENU SUBJECT TO CHANGE DUE TO AVAILABILITY   |  | 8/22/22   |
|--|--|--|--|--|--|---|
| MONDAY   |  | TUESDAY  |  | WEDNESDAY  | THURSDAY   | FRIDAY  |
| <b>FREE</b><br><br><b>LUNCH</b>  |  |  |  | <b>BREAKFAST</b><br><br><b>AND</b><br><br><b>FOR ALL STUDENTS</b>  |  | <b>1</b><br>--BREAKFAST--<br>Waffle, Banana, Juice<br>--LUNCH--<br>Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Pears                        |
|  |  |  |  |  |  | <b>2</b><br>--BREAKFAST--<br>Pizza, Apple Crisps, Juice<br>--LUNCH--<br>Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie                             |
| <b>5</b><br>--BREAKFAST--<br>LABOR DAY<br>--LUNCH--<br>NO SCHOOL   |  | <b>6</b><br>--BREAKFAST--<br>Cake Donut, Applesauce, Juice<br>--LUNCH--<br>Pizzaboli Bites, Broccoli, Carrots, Peaches         |  | <b>7</b><br>--BREAKFAST--<br>Muffin, Sliced Apples, Juice<br>--LUNCH--<br>Cheeseburger, Baked Beans, Lettuce & Tomato, Fresh Fruit             | <b>8</b><br>--BREAKFAST--<br>Eggstravaganza Burrito, Banana, Juice<br>--LUNCH--<br>Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears          | <b>9</b><br>--BREAKFAST--<br>Pancake Bites, MixZees Dried Fruit, Juice<br>--LUNCH--<br>Drumstick, Macaroni & Cheese, Green Beans, Carrots, Applesauce   |
| <b>12</b><br>--BREAKFAST--<br>Benefit Bar, Fruit Cups, Juice<br>--LUNCH-- EARLY RELEASE<br>Beef & Cheese Nachos, Pinto Beans, Carrots, Pears             |  | <b>13</b><br>--BREAKFAST--<br>Pancake on a Stick, Applesauce, Juice<br>--LUNCH--<br>BBQ Sandwich, Fries, Broccoli, Mixed Fruit |  | <b>14</b><br>--BREAKFAST--<br>Cream Cheese Bagel, Sliced Apples, Juice<br>--LUNCH--<br>French Bread Pepperoni Pizza, Green Beans, Fresh Fruit  | <b>15</b><br>--BREAKFAST--<br>Pizza, Banana, Juice<br>--LUNCH--<br>Chicken Nuggets, Mashed Potato, Cucumbers, Gravy, Roll, Peaches                     | <b>16</b><br>--BREAKFAST--<br>Cereal, Cheese Stick, Apple Crisp, Juice<br>--LUNCH--<br>Frito Pie, Corn, Carrots, Applesauce                             |
| <b>19</b><br>--BREAKFAST--<br>Ultimate Breakfast Round, Fruit Cups, Juice<br>--LUNCH--<br>Chicken Quesadilla, Refried Beans, Salad w/Tomato, Mixed Fruit |  | <b>20</b><br>--BREAKFAST--<br>Morning Roll, Applesauce, Juice<br>--LUNCH--<br>Pizza, Broccoli, Carrots, Peaches                |  | <b>21</b><br>--BREAKFAST--<br>Waffle, Sliced Apples, Juice<br>--LUNCH--<br>Lasagne Rollup w/ meat sauce, Green Beans, Breadsticks, Fresh Fruit | <b>22</b><br>--BREAKFAST--<br>Egg & Cheese English Muffin, Banana, Juice<br>--LUNCH--<br>Chicken Tenders, Mashed Potato, Cucumbers, Gravy, Roll, Pears | <b>23</b><br>--BREAKFAST--<br>Pizza, Apple Crisps, Juice<br>--LUNCH--<br>Sandwich, Lettuce & Tomato, Carrots, Chips, Slushie                            |
| <b>26</b><br>--BREAKFAST--<br>Cheese Filled Bread Stick, Fruit Cup, Juice<br>--LUNCH--<br>Chicken Sandwich, Fries, Broccoli, Mixed Fruit                 |  | <b>27</b><br>--BREAKFAST--<br>Cake Donut, Applesauce, Juice<br>--LUNCH--<br>Pizzaboli Bites, Broccoli, Carrots, Peaches        |  | <b>28</b><br>--BREAKFAST--<br>Muffin, Sliced Apples, Juice<br>--LUNCH--<br>Hamburger, Baked Beans, Lettuce & Tomato, Fresh Fruit               | <b>29</b><br>--BREAKFAST--<br>Eggstravaganza Burrito, Banana, Juice<br>--LUNCH--<br>Steakfingers, Mashed Potato, Gravy, Cucumbers, Roll, Pears         | <b>30</b><br>--BREAKFAST--<br>Pancake Bites, MixZees Dried Fruit, Juice<br>--LUNCH--<br>Drumsticks, Macaroni & Cheese, Green Beans, Carrots, Applesauce |